

IN DEPTH STUDIES and THE ART OF TEACHING YOGA

A 15 month Intensive Practice and Teacher Training Course
with Barbara Benagh

APPLICATION

Name _____

Address _____

Phone (h) _____

(w) _____

(c) _____

Birthday _____

Please submit this application with an essay that includes the story of how and when you began to practice yoga, where you have studied, and most influential teachers. Also, tell me how yoga has affected your life and why you now want to embark on this course.

Send your essay and \$100 deposit to:

Barbara Benagh
c/o The Yoga Studio
P.O. Box 1926
Cambridge, MA 02139

Questions?
info@yogastudio.org
(617)566-1489